

# THIN CHICKEN BREAST STRIPS, FULLY COOKED (SEASONED)

Your Trusted Food Partner \*



#6161238

# THIN CHICKEN BREAST STRIPS, **FULLY COOKED (SEASONED)**





## **Fully Cooked**

**Individually Quick Frozen IQF** 

## Individually quick frozen

### **Fully cooked**

## **Excellent source of protein**

**Nutrition Facts** 

#### **INGREDIENTS**

Chicken breasts, Water, Sugars (glucose solids), Rice starch, Flavour, Salt, Sodium phosphate, Spice extractives, Natural flavour.









#### **ALLERGENS**

#### Contains:

None

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

#### **COOKING INSTRUCTIONS**

#### Combi:

385°F (196°C) From 2 to 2.5 minutes

#### Convection:

385°F (196°C) From 3.5 to 4 minutes

#### **Conventionnal Oven:**

425°F (220°C) From 7 to 8 minutes

## Smooth plate:

From 2.5 to 3 minutes

Temperature: medium / high

## Frying pan:

From 2.5 to 3 minutes

Temperature: medium / high

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Per 100g	
Amount Per Serving	
Calories 108	
	% Daily Va
<b>Fat</b> 1.66 g	
Saturated 0.5 g	

+ Trans 0.1 g

Carbohydrate 1.96 g	
Fibre 0 g	0%
Sugars 0 mg	
Protein 21.32 g	
Cholesterol 80 mg	
Sodium (388.5 mg)	17%
Potassium 280.5 mg	6%
Calcium 19 mg	1%

Product code	Dist. code	Case weight	Shelf life
6161238		4,00 kg	270 days at -18°C



## olymelfoodservice.com

The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative:

Iron 0.84 mg







5800

Olymel S.E.C St-Hyacinthe 1-800-361- QC J2S 4B6

Brampton ON L6T 1G1

Red Deer AB T4P 2H8

5%