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BREADED CHICKEN BREASTS, BONELESS, FILLET REMOVED, UNCOOKED (SEASONED)

Your Trusted Food Partner 🍁



#7010254 BREADED CHICKEN BREASTS, BONELESS, FILLET REMOVED, UNCOOKED (SEASONED)		 POULTRY	Whole Muscle
			Parfried, raw
			Individually Quick Frozen IQF

Individually quick frozen	Perfect for dishes like chicken parmigiana or a deluxe burger	Whole muscle
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INGREDIENTS

Chicken breast, Water, Toasted wheat crumbs, Wheat flour, Soy and/or canola oil, Salt, Corn starch, Durum wheat flour, Whey powder (milk), Spices, Hydrolyzed soy and corn protein, Garlic powder, Guar gum, Spice extractives, Caramel color. Contains: Wheat, Milk, Soy. May contain: Eggs.


PRESERVATIVES
FREE


NO ARTIFICIAL
FLAVORS


NO ARTIFICIAL
COLOURS


PREPARED
IN CANADA

ALLERGENS

Contains :
Milk, Wheat, Soy, Eggs

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS

Combi :
425 ° F (218 ° C) From 20 to 22 minutes
Preheat the combi oven in combi mode at 70% humidity, high ventilation at 450 ° F (232 ° C), place the pieces on a plate with Aluminium foil. Cook for 12 to 14 minutes. Turn halfway through cooking.

Convection :
425 ° F (218 ° C) From 25 to 28 minutes
Preheat the oven in convection mode to 425 ° F (218 ° C), place the pieces on a plate with aluminum foil. Bake 25 to 28 minutes. Turn halfway through cooking

Conventionnal Oven :
450 ° F (232 ° C) From 25 to 28 minutes
Preheat the oven in convection mode to 450 ° F (232 ° C), place the pieces on a plate with aluminum foil. Bake 25 to 28 minutes. Turn halfway through cooking

Fryer :
350 ° F (177 ° C) From 5 to 6 minutes

Nutrition Facts

per 1 1/4 breast	
Amount Per Serving	
Calories 240	
% Daily Value*	
Fat 11 g	15%
Saturated 1 g	5%
+ Trans 0 g	
Carbohydrate 17 g	
Fibre 0 g	0%
Sugars 4 mg	
Protein 17 g	
Cholesterol 45 mg	
Sodium (560 mg)	24%
Potassium 300 mg	6%
Calcium 10 mg	1%
Iron 1.5 mg	8%

Product code	Dist. code	Case weight	Unit weight	Shelf life
7010254		4,00 kg	1,33 kg	365 days at -18 ° C



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The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative :



Olymel S.E.C
1-800-361-
5800

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