



[VIEW ONLINE](#)

**LOVE ME TENDERS®, CHICKEN BREAST FILLETS,
BREADED, UNCOOKED, HALAL (SEASONED)**

Your Trusted Food Partner 🍁



#7011011

**LOVE ME TENDERS®, CHICKEN
BREAST FILLETS, BREADED,
UNCOOKED, HALAL (SEASONED)**



Whole Muscle

Parfried, raw

Individually Quick Frozen IQF

Canadian favorite

No specialized labour required

Home-made look

INGREDIENTS

Chicken breast fillets, Water, Toasted wheat crumbs, Wheat flour, Soya and/or Canola oil, Soy protein isolate, Corn starch, Salt, Spices, Durum flour, Whey powder (milk), Garlic powder, Guar gum, Flavour. Contains: Soy, Wheat, Milk. May contain: Eggs.

HALAL

PRESERVATIVES
FREENO ARTIFICIAL
FLAVORSNO ARTIFICIAL
COLOURSPREPARED
IN CANADA

ALLERGENS

Contains :

Gluten, Milk, Wheat, Soy, Eggs

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS

Combi :

450°F (232°C) From 15 to 19 minutes

Convection :

425°F (218°C) From 15 to 19 minutes
Convection oven: 425°F (218°C) for 15 to 19 min. Note: Make sure internal temperature reaches 165°F (74°C).

Conventionnal Oven :

450°F (232°C) From 17 to 19 minutes
Conventional oven: 450°F (232°C) for 17 to 19 min. Note: Make sure internal temperature reaches 165°F (74°C).

Fryer :

350°F (177°C) From 4 to 5 minutes

Nutrition Facts

per 3 fillets

Amount Per Serving

Calories 230

% Daily Value*

Fat 9 g 12%

Saturated 1 g 5%

+ Trans 0 g

Carbohydrate 19 g

Fibre 0 g 0%

Sugars 6 mg

Protein 19 g**Cholesterol 30 mg**

Sodium (480 mg) 21%

Potassium 300 mg 6%

Calcium 10 mg 1%

Iron 1.5 mg 8%

Product code	Dist. code	Case weight	Units per case	Unit weight	Shelf life
7011011		4,00 kg	82	2,00 kg	365 days at -18°C


olymelfoodservice.com

The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative :

Olymel S.E.C
1-800-361-
5800

St-Hyacinthe
QC
J2S 4B6

Brampton ON
L6T 1G1

Red Deer
AB
T4P 2H8