




THUNDER CRUNCH, BREADED CHICKEN BREAST STRIPS

Your Trusted Food Partner 🍁



#7011016 THUNDER CRUNCH, BREADED CHICKEN BREAST STRIPS		 POULTRY	Whole Muscle
			Parfried, raw
			Individually Quick Frozen IQF

Cook directly from frozen	Double breading, extra crispy	Full muscle
---------------------------	-------------------------------	-------------

INGREDIENTS

Chicken breast strips, Water, Wheat flour, Soya, and/or Canola oil, Soy protein isolate, Modified corn starch, Whole grain wheat flour, Salt, Yellow corn flour, Wheat gluten, Baking powder, Spices, Onion powder, Garlic powder, Flavour, Potassium chloride, Modified palm oil, Defatted soy flour, Celery seeds, Guar gum, Spice extractives. Contains: Soy, Wheat. May contain: Milk, Eggs.


PRESERVATIVES
FREE


NO ARTIFICIAL
FLAVORS


NO ARTIFICIAL
COLOURS


PREPARED
IN CANADA

ALLERGENS

Contains :
Gluten, Milk, Wheat, Soy, Eggs

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS

Combi :
425° F (218° C) From 13 to 14 minutes
Preheat the combi oven in combi mode at 70% humidity, high ventilation at 450 ° F, place the pieces on a plate with Aluminium foil. Cook 8 to 10 minutes. Turn halfway through cooking. Make sure internal temperature reaches 165° F (74° C).

Convection :
425° F (218° C) From 17 to 19 minutes
Preheat the oven in convection mode to 425 ° F, place the pieces on a plate with aluminum foil. Bake 22 to 25 minutes. Turn halfway through cooking. Make sure internal temperature reaches 165° F (74° C).

Conventionnal Oven :
450° F (232° C) From 17 to 19 minutes
Preheat the oven in convection mode to 450 ° F, place the pieces on a plate with aluminum foil. Bake 23 to 25 minutes. Turn halfway through cooking. Make sure internal temperature reaches 165° F (74° C)

Fryer :
350° F (177° C) From 5.5 to 6.5 minutes

Nutrition Facts

Per 2 strips	
Amount Per Serving	
Calories 280	
% Daily Value*	
Fat 15 g	20%
Saturated 1.5 g	8%
+ Trans 0.1 g	
Carbohydrate 19 g	
Fibre 2 g	7%
Sugars 5 mg	
Protein 18 g	
Cholesterol 30 mg	
Sodium (510 mg)	22%
Potassium 225 mg	5%
Calcium 20 mg	2%
Iron 1.5 mg	8%

Product code	Dist. code	Case weight	Unit weight	Shelf life
7011016		4,00 kg	2,00 kg	365 days at -18° C



olymelfoodservice.com

The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative :



Olymel S.E.C
1-800-361-
5800

St-Hyacinthe
QC
J2S 4B6

Brampton ON
L6T 1G1

Red Deer
AB
T4P 2H8