

EXTRA-LARGE COUNTRY-STYLE BREADED CHICKEN BREAST FILLETS (SEASONED)

Your Trusted Food Partner *



#7011020

EXTRA-LARGE COUNTRY-STYLE BREADED CHICKEN BREAST FILLETS (SEASONED)





Parfried, raw

Individually Quick Frozen IQF

Large-size fillets

Country-style breading

Whole muscle

INGREDIENTS

Chicken breast fillets, Water, Toasted wheat crumbs, Wheat flour, Canola and/or soy oil, Soy protein isolate, Spices, Salt, Corn starch, Garlic powder, Guar gum, Whey powder (milk). Contains: Wheat, Milk, Soy. May contain: Eggs.









ALLERGENS

Contains:

Milk, Wheat, Soy, Eggs

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS

Combi:

450°F (232°C) From 12 to 14 minutes low ventilation

Convection:

425°F (220°C) From 13 to 14 minutes

Fryer:

350°F (177°C) From 5.5 to 6.5 minutes

Nutrition Fac	ts
per 2 ½ fillets	
Amount Per Serving	
Calories 230	
	% Daily Value*
Fat 10 g	13%
Saturated 1 g	5%
+ Trans 0.1 g	
Carbohydrate 19 g	
Fibre 0 g	0%
Sugars 3 mg	
Protein 17 g	
Cholesterol 40 mg	
Sodium (400 mg)	17%
Potassium 250 mg	5%
Calcium 10 mg	1%

Product code	Dist. code	Case weight	Unit weight	Shelf life
7011020		4,00 kg	2,00 kg	365 days at -18°C



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The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative:

Iron 1.5 mg







Olymel S.E.C St-Hyacinthe 1-800-361- QC 5800

QC J2S 4B6

Brampton ON L6T 1G1

Red Deer AB T4P 2H8

8%