





BREADED CHICKEN BREAST NUGGETS

Your Trusted Food Partner 🍁



#7011320 BREADED CHICKEN BREAST NUGGETS		 POULTRY	Chopped & Formed
			Raw, uncooked
			Individually Quick Frozen IQF

Individually quick frozen	Ready for the fryer	Crispy breading
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INGREDIENTS

Chicken meat, water, salt, flavour, spices. In a breading of toasted wheat crumbs, water, wheat flour, corn starch, spices, salt, guar gum. Contains: Wheat. May contain: Soy, Milk and Eggs.



ALLERGENS

Contains :
 Gluten, Milk, Wheat, Soy, Eggs

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS

Combi :
 425° F (220° C) From 8 to 10 minutes

Convection :
 425° F (220° C) From 8 to 10 minutes

Conventionnal Oven :
 425° F (220° C) From 18 to 22 minutes

Fryer :
 350° F (177° C) From 4 to 5 minutes

Nutrition Facts





per 4 nuggets (88g)

Amount Per Serving

Calories 120

	% Daily Value*
Fat 3.5 g	5%
Saturated 1 g	5%
+ Trans 0 g	
Carbohydrate 9 g	
Fibre 0 g	0%
Sugars 2 mg	
Protein 13 g	
Cholesterol 35 mg	
Sodium (360 mg)	16%
Potassium 160 mg	3%
Iron 1 mg	6%

Product code	Dist. code	Case weight	Units per case	Unit weight	Shelf life
7011320		4,00 kg	180	2,00 kg	365 days at -18° C

	<p>olymelfoodservice.com</p> <p>The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.</p>	<p>Contact your local representative :</p>			
					
		<p>Olymel S.E.C 1-800-361-5800</p>	<p>St-Hyacinthe QC J2S 4B6</p>	<p>Brampton ON L6T 1G1</p>	<p>Red Deer AB T4P 2H8</p>