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BREADED CHICKEN NUGGETS (OVEN-BAKE)

Your Trusted Food Partner 🍁



#7011329 BREADED CHICKEN NUGGETS (OVEN-BAKE)		 POULTRY	Chopped & Formed
			Parfried, raw
			Individually Quick Frozen IQF

Individually quick frozen	Ready for the oven	White and dark meat
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INGREDIENTS

Chicken meat, Water, Canola and/or soy oil, Toasted wheat crumbs, Wheat flour, Salt, Yellow corn flour, Corn starch, Wheat gluten, Flavour, Sugars (dextrose), baking powder, Guar gum, Spices, Yeast. Contains : Wheat. May contain : Soy, Milk, Eggs.

ALLERGENS**Contains :**

Gluten, Milk, Wheat, Soy, Eggs

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS**Combi :**

450° F (232° C) From 13 to 15 minutes
Low ventilation

Convection :

425° F (220° C) From 8 to 10 minutes

Conventionnal Oven :

425° F (220° C) From 18 to 20 minutes

Fryer :

350° F (177° C) From 4 to 5 minutes

Nutrition Facts

per 6 pieces

Amount Per Serving

Calories 310

% Daily Value*

Fat 20 g	27%
Saturated 3 g	15%
+ Trans 0.3 g	
Carbohydrate 19 g	
Fibre 1 g	4%
Sugars 4 mg	
Protein 14 g	
Cholesterol 45 mg	
Sodium (580 mg)	25%
Potassium 225 mg	5%
Calcium 10 mg	1%
Iron 1.75 mg	10%
Omega 3 0.3	0%
Monoinsaturates 10	0%
Polyinsaturates 3	0%



Product code	Dist. code	Case weight	Units per case	Unit weight	Shelf life
7011329		2,00 kg	100	2,00 kg	365 days at -18° C



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The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative :

HACCP

SQF

canadienne

Olymel S.E.C
1-800-361-5800

St-Hyacinthe
QC
J2S 4B6

Brampton ON
L6T 1G1

Red Deer
AB
T4P 2H8