



SPICY BREADED CHICKEN FILLETS (SEASONED)

Your Trusted Food Partner 🍁



#7013335

**SPICY BREADED CHICKEN
FILLETS (SEASONED)**

Parfried, raw

Individually Quick Frozen IQF

Chicken breast filets (whole
muscle)

Spiced for even flavour

Easy to portion, no size
variation**INGREDIENTS**

Chicken breast fillets, Water, Canola and/or soy oil, Toasted wheat crumbs, Wheat flour, Soy protein isolate, Salt, Flavour, Baking powder, Corn starch, Sugars (dextrose, barley malt extract powder), Spices, White flour corn, Monosodium glutamate, Yellow corn meal, Spice extractives, Buttermilk powder, Extractives of annatto .

Contains: Wheat, Soy, Milk, Barley.

May contain: Eggs.

ALLERGENS**Contains :**

Milk, Wheat, Soy, Eggs, Barley

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS**Combi :**

450 °F (232 °C) From 6 to 8 minutes

Convection :

425 °F (220 °C) From 13 to 14 minutes

Conventionnal Oven :

450 °F (232 °C) From 15 to 17 minutes

Fryer :

350 °F (177 °C) From 4 to 5 minutes

Nutrition Facts

per 2 ½ fillets

Amount Per Serving

Calories 250

% Daily Value*

Fat 11 g 15%

Saturated 0.5 g 3%

+ Trans 0 g

Carbohydrate 20 g

Fibre 1 g 4%

Sugars 6 mg

Protein 17 g**Cholesterol 40 mg**

Sodium (450 mg) 20%

Potassium 250 mg 5%

Calcium 30 mg 2%

Iron 2.25 mg 13%

PRESERVATIVES
FREENO ARTIFICIAL
FLAVORSPREPARED
IN CANADA

Product code	Dist. code	Case weight	Units per case	Unit weight	Shelf life
7013335		3,50 kg	75	1,75 kg	365 days at -18 °C

**olymelfoodservice.com**

The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative :

HACCP**SQF****FAIT PAR UNE
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QC
J2S 4B6Brampton ON
L6T 1G1Red Deer
AB
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