

CHICKEN THIGHS (SEASONED)

Your Trusted Food Partner *



#7062220 **CHICKEN THIGHS (SEASONED)**

OLYMEL BASIC



Raw, uncooked

Individually Quick Frozen IQF

GMO free Gluten free No artificial colour of flavour

INGREDIENTS

Chicken thighs, Water, Salt, Sodium phosphate, Spices extractives.









ALLERGENS

Contains:

None

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS

Combi:

385°F (196°C) From to 35 minutes

Convection:

385°F (196°C) From 35 to 40 minutes

Conventionnal Oven:

425°F (220°C) From to 50 minutes

Nutrition Facts

Per 11/2 pieces

Amount Per Serving

Calories 188.9

	% Daily Value*
Fat 14.2 g	19%
Saturated 3.87 g	19%
+ Trans 0.07 g	
0 1 1 1 0 0 0 1	

Carbohydrate 0.21 g

Fibre 0 g	0%
Sugars 0 mg	

Protein 14.12 g

Cholesterol 83.76 ma

Girdio Gorro mg	
Sodium (453.47 mg)	20%
Potassium 175.31 mg	4%
Calcium 6.72 mg	1%
Iron 0.58 mg	3%

Product code	Dist. code	Case weight	Shelf life
7062220		4,00 kg	270 days at -18°C



olymelfoodservice.com

The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative:







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QC J2S 4B6

Brampton ON L6T 1G1

Red Deer AB T4P 2H8