



CHICKEN FILLETS (SEASONED)

Your Trusted Food Partner 🍁



#7062307

CHICKEN FILLETS (SEASONED)**Raw, uncooked****Individually Quick Frozen IQF****Individually quick frozen****19% meat protein****Full muscle****INGREDIENTS**

Chicken breasts fillets, Water, Salt, Sodium phosphate, Spice extracts.

**ALLERGENS****Contains :**

None

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS**Combi :**

425 °F (220 °C) From 10 to 12 minutes

Convection :

425 °F (220 °C) From 13 to 15 minutes

Conventionnal Oven :

425 °F (220 °C) From 18 to 22 minutes

Nutrition Facts

Per 100g

Amount Per Serving

Calories 99

% Daily Value*

Fat 2.16 g 3%

Saturated 0.46 g 2%

+ Trans 0.01 g

Carbohydrate 0 g

Fibre 0 g 0%

Sugars 0 mg

Protein 18.56 g**Cholesterol** 60.22 mg

Sodium (414.22 mg) 18%

Potassium 276 mg 6%

Calcium 5.06 mg 0%

Iron 0.31 mg 2%

Phosphorus 90.32 mg 7%

Product code	Dist. code	Case weight	Units per case	Unit weight	Shelf life
7062307		4,00 kg	72	2,00 kg	270 days at -18 °C

**olymelfoodservice.com**

The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative :

HACCP

Olymel S.E.C
1-800-361-5800

St-Hyacinthe
QC
J2S 4B6

Brampton ON
L6T 1G1

Red Deer
AB
T4P 2H8