

BONELESS, SKINLESS CHICKEN BREASTS (SEASONED, 5-6 OZ)

Your Trusted Food Partner *



#7062318

BONELESS, SKINLESS CHICKEN BREASTS (SEASONED, 5-6 OZ)





Whole Muscle

Raw, uncooked

Individually Quick Frozen IQF

Individually quick frozen

Skinless

Great for multiple applications

INGREDIENTS

Boneless chicken breasts, fillets removed; water, rice starch, salt, potassium chloride, sodium phosphate, spices.









ALLERGENS

Contains:

None

Verified for: Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS

Combi:

425°F (220°C) From 15 to 17 minutes

Convection:

425°F (220°C) From 17 to 20 minutes

Conventionnal Oven:

425°F (220°C) From 22 to 25 minutes

Smooth plate:

From 15 to 17 minutes
Temperature: medium / high

Frying pan:

From 15 to 17 minutes
Temperature: Medium / high

| Nutrition Facts Per 100g | | |
|--------------------------|--------------|--|
| | | |
| Amount Per Serving | | |
| Calories 90 | | |
| % | Daily Value* | |
| Fat 1.5 g | 2% | |
| Saturated 0.4 g | 2% | |
| + Trans 0 g | | |
| Carbohydrate 1 g | | |
| Fibre 0 g | 0% | |
| Sugars 0 mg | | |
| Protein 17 g | | |
| Cholesterol 50 mg | | |
| Sodium (380 mg) | 17% | |
| Potassium 400 mg | 9% | |
| Calcium 10 mg | 1% | |
| Iron 0.4 mg | 2% | |

| Product code | Dist. code | Case weight | Shelf life |
|--------------|------------|-------------|-------------------|
| 7062318 | | 4,00 kg | 270 days at -18°C |



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The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative:







Olymel S.E.C 1-800-361-5800

St-Hyacinthe QC J2S 4B6 Brampton ON L6T 1G1 Red Deer AB T4P 2H8