




PLAIN CHICKEN WINGS, CUT-UP, RAW (SEASONED)

Your Trusted Food Partner 🍁



#7062410 PLAIN CHICKEN WINGS, CUT-UP, RAW (SEASONED)	OLYMEL BASIC	 POULTRY	Raw, uncooked
			Individually Quick Frozen IQF

Individually quick frozen	Plain	No preservatives, no artificial colours
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INGREDIENTS

Chicken wings, Water, Salt, Sodium phosphate, Spice extractives.



ALLERGENS

Contains :
None

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS

Combi :
425 °F (220 °C) From 13 to 15 minutes

Convection :
450 °F (220 °C) From 13 to 15 minutes

Conventionnal Oven :
425 °F (220 °C) From 25 to 30 minutes

Fryer :
450 °F (232 °C) From 6 to 7 minutes

Nutrition Facts

Per 5 wings

Amount Per Serving

Calories 180

% Daily Value*

Fat 12 g 16%
Saturated 4.5 g 23%
+ Trans 0.1 g

Carbohydrate 1 g
Fibre 0 g 0%
Sugars 0 mg

Protein 18 g

Cholesterol 70 mg

Sodium (570 mg) 25%

Potassium 200 mg 4%

Iron 0.75 mg 4%

Product code	Dist. code	Case weight	Unit weight	Shelf life
7062410		4,00 kg	2,00 kg	270 days at -18 °C



olymelfoodservice.com

The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative :



Olymel S.E.C 1-800-361-5800
St-Hyacinthe QC J2S 4B6
Brampton ON L6T 1G1
Red Deer AB T4P 2H8