



BREADED CHICKEN BREAST NUGGETS

Your Trusted Food Partner 🍁



#8018455 BREADED CHICKEN BREAST NUGGETS		 POULTRY	Chopped & Formed
			Parfried, raw
			Individually Quick Frozen IQF

Individually quick frozen	Ready in just a few minutes in the fryer	Uniformly sized nuggets
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INGREDIENTS

Chicken breast meat, Water, Toasted wheat crumbs, Soy and/or canola oil, Yellow corn flour, Corn starch, Wheat flour, Salt, Guar gum, Sugars (dextrose), Flavour, Spice extractives. Contains: Wheat. May contain: Soy, Milk, Eggs.

ALLERGENS**Contains :**

Gluten, Milk, Wheat, Soy, Eggs, Sulfites (< 10 ppm)

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS**Combi :**

425° F (220° C) From 8 to 10 minutes

Convection :

425° F (220° C) From 8 to 10 minutes

Conventionnal Oven :

425° F (220° C) From 20 to 25 minutes

Fryer :

360° F (182° C) From 4 to 4.5 minutes

Nutrition Facts

Per 5 nuggets

Amount Per Serving

Calories 230

% Daily Value*

Fat 13 g	17%
Saturated 2 g	10%
+ Trans 0 g	
Carbohydrate 15 g	
Fibre 0 g	0%
Sugars 0 mg	
Protein 12 g	
Cholesterol 30 mg	
Sodium (430 mg)	19%
Potassium 180 mg	4%
Calcium 10 mg	1%
Iron 1.75 mg	10%



Product code	Dist. code	Case weight	Units per case	Unit weight	Shelf life
8018455		2,00 kg	102	2,00 kg	365 days at -18° C



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The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative :

HACCP

SQF

canadienne

Olymel S.E.C
1-800-361-5800

St-Hyacinthe
QC
J2S 4B6

Brampton ON
L6T 1G1

Red Deer
AB
T4P 2H8