



VIEW ONLINE

## BREADED CHICKEN BREAST NUGGETS

*Your Trusted Food Partner* 🍁



#8018455 <b>BREADED CHICKEN BREAST NUGGETS</b>		 POULTRY	Chopped & Formed
			Parfried, raw
			Individually Quick Frozen IQF

Individually quick frozen	Ready in just a few minutes in the fryer	Uniformly sized nuggets
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**INGREDIENTS**

Chicken breast meat, Water, Toasted wheat crumbs, Soy and/or canola oil, Yellow corn flour, Corn starch, Wheat flour, Salt, Guar gum, Sugars (dextrose), Flavour, Spice extractives. Contains: Wheat. May contain: Soy, Milk, Eggs.

 PRESERVATIVES FREE	 NO ARTIFICIAL FLAVORS
 NO ARTIFICIAL COLOURS	 PREPARED IN CANADA

**ALLERGENS**

**Contains :**  
Gluten, Milk, Wheat, Soy, Eggs, Sulfites (< 10 ppm)

*Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)*

**COOKING INSTRUCTIONS**

**Combi :**  
425° F (220° C) From 8 to 10 minutes

**Convection :**  
425° F (220° C) From 8 to 10 minutes

**Conventiounal Oven :**  
425° F (220° C) From 20 to 25 minutes

**Fryer :**  
360° F (182° C) From 4 to 4.5 minutes

<b>Nutrition Facts</b>	
Per 5 nuggets	
Amount Per Serving	
<b>Calories</b> 230	
	<b>% Daily Value*</b>
<b>Fat</b> 13 g	17%
Saturated 2 g	10%
+ Trans 0 g	
<b>Carbohydrate</b> 15 g	
Fibre 0 g	0%
Sugars 0 mg	
<b>Protein</b> 12 g	
<b>Cholesterol</b> 30 mg	
Sodium (430 mg)	19%
<b>Potassium</b> 180 mg	4%
Calcium 10 mg	1%
Iron 1.75 mg	10%

Product code	Dist. code	Case weight	Units per case	Unit weight	Shelf life
8018455		2,00 kg	102	2,00 kg	365 days at -18° C

 FOOD SERVICE	<p><b>olymefoodservice.com</b></p> <p>The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.</p>	Contact your local representative :
		<p><b>FIACCP</b>  </p> <p>Olymel S.E.C 1-800-361-5800    St-Hyacinthe QC J2S 4B6    Brampton ON L6T 1G1    Red Deer AB T4P 2H8</p>