

# CHICKEN THIGH FAJITA STRIPS, FULLY COOKED (SEASONED)

Your Trusted Food Partner \*



#8060462

# CHICKEN THIGH FAJITA STRIPS, **FULLY COOKED (SEASONED)**





**Fully Cooked** 

**Individually Quick Frozen IQF** 

#### Individually quick frozen

#### **Fully cooked**

### Whole muscle

#### **INGREDIENTS**

Chicken boneless thighs, Water, Sugars (corn maltodextrin, sugar, glucose solids, dextrose, tapioca maltodextrin), Potassium Chloride, Salt, Sodium phosphate, Garlic powder, Onion powder, Spices, Soy sauce (soy), Grated romano cheese (milk), Lemon juice concentrate, Acetic acid, Yeast extract, Natural flavour, Xanthan gum, Caramel colour, Modified corn starch, Tartric acid, Spice extractives, Black pepper extractives, Tapioca dextrin, Corn starch. Contains: Milk, Soy.







#### **ALLERGENS**

#### Contains:

Milk, Soy, Sulfites (< 10 ppm)

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

#### **COOKING INSTRUCTIONS**

#### Combi:

385°F (196°C) From 5 to 6 minutes

#### Convection:

385°F (196°C) From 6 to 7 minutes Make sure internal temperature reaches 165°F (74°C). Appliances vary, adjust accordingly.

#### **Conventionnal Oven:**

425°F (220°C) From 13 to 14 minutes

#### Smooth plate:

From 6 to 7 minutes

Temperature: medium / high

#### Frying pan:

internal temperature reaches 165°F (74°C).

# **Nutrition Facts**

Per 100a

Amount Per Serving

Calories 154.9

% Daily Value\* Fat 4.81 g Saturated 1.29 g 6% + Trans 0.02 g

1%

Carbohydrate 4.04 g

Sugars 1.04 mg

Fibre 0.19 g

Protein 22.54 g

Cholesterol 106.45 mg

Sodium (535.7 mg) 23% Potassium 284 mg 6% Calcium 13.79 mg 1% Vitamin A 18 μg 2% Iron 1.01 mg 6% Omega 3 0.1 0%

From 6 to 7 minutes

Temperature: medium / high Make sure

Product code	Dist. code	Case weight	Units per case	Unit weight	Shelf life
8060462		5,00 kg	2	2,50 kg	365 days at -18°C



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Contact your local representative:







Olymel S.E.C 1-800-361-5800

St-Hyacinthe QC J2S 4B6

**Brampton ON** L6T 1'G1

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