



## PLAIN CHICKEN WINGS CUT-UP, FULLY COOKED (SEASONED)

*Your Trusted Food Partner* 🍁



#8068338

**PLAIN CHICKEN WINGS CUT-UP,  
FULLY COOKED (SEASONED)****Fully Cooked****Individually Quick Frozen IQF****Individually quick frozen****Fully cooked****Plain****INGREDIENTS**

Chicken wings, Water, Sugar, Flavour,  
Salt, Sodium phosphate, Citrus fiber,  
Xanthan gum.

**HALAL****PRESERVATIVES  
FREE****NO ARTIFICIAL  
FLAVORS****NO ARTIFICIAL  
COLOURS****PREPARED  
IN CANADA****ALLERGENS****Contains :**

None

*Verified for : Nuts, peanuts, sesame seeds,  
wheat, eggs, milk, soybeans, crustaceans,  
shellfish, fish, mustard seeds, sulphite (>10  
ppm) and gluten sources (barley oat, rye,  
triticale, wheat)*

**COOKING INSTRUCTIONS****Combi :**

425° F (220° C) From 16 to minutes  
70% humidity, high ventilation Make  
sure internal temperature reaches  
165° F (74° C).

**Convection :**

425° F (220° C) From 21 to minutes  
Make sure internal temperature  
reaches 165° F (74° C)

**Conventionnal Oven :**

425° F (220° C) From 17 to minutes  
Make sure internal temperature  
reaches 165° F (74° C)

**Fryer :**

380° F (193° C) From 5 to minutes

**Nutrition Facts**

Per 4 wings

Amount Per Serving

**Calories 190**

% Daily Value\*

**Fat 12 g** 16%

Saturated 3.5 g 18%

+ Trans 0.1 g

**Carbohydrate 1 g**

Fibre 0 g 0%

Sugars 1 mg

**Protein 19 g****Cholesterol 105 mg**

Sodium (380 mg) 17%

**Potassium 200 mg** 4%

Calcium 20 mg 2%

Iron 0.4 mg 2%

**Product code**

8068338

**Dist. code****Case weight**

4,00 kg

**Shelf life**

365 days at -18° C

**olymelfoodservice.com**

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without prior notice. Please refer to your representative  
for the most recent updates.

Contact your local representative :

**HACCP**

Olymel S.E.C  
1-800-361-  
5800

St-Hyacinthe  
QC  
J2S 4B6

Brampton ON  
L6T 1G1

Red Deer  
AB  
T4P 2H8