




## COOKED CHICKEN BREAST PIECES, 100% WHITE MEAT

*Your Trusted Food Partner* 🍁



|  |                         |  |                                      |
|--|-------------------------|--|--------------------------------------|
| #8168332<br><b>COOKED CHICKEN BREAST<br/>PIECES, 100% WHITE MEAT</b> | <b>OLYMEL<br/>BASIC</b> | <br><b>POULTRY</b> | <b>Fully Cooked</b>                  |
|  |                         |  | <b>Individually Quick Frozen IQF</b> |

|                                  |                     |                        |
|----------------------------------|---------------------|------------------------|
| <b>Individually quick frozen</b> | <b>Fully cooked</b> | <b>100% white meat</b> |
|----------------------------------|---------------------|------------------------|

## INGREDIENTS

White chicken meat

## ALLERGENS

**Contains :**  
None

*Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)*

## COOKING INSTRUCTIONS

**Combi :**  
425° F (220° C) From 9 to 10 minutes

**Convection :**  
425° F (220° C) From 10 to 12 minutes

**Conventionnal Oven :**  
425° F (220° C) From 15 to 18 minutes

**Smooth plate :**  
From 7 to 8 minutes  
Temperature: medium / high

**Frying pan :**  
From 7 to 8 minutes  
Temperature: medium / high

## Nutrition Facts

Per 100g

Amount Per Serving

**Calories** 138.9

% Daily Value\*

**Fat** 1.3 g 2%

Saturated 0.17 g 1%

+ Trans 0.1 g

**Carbohydrate** 0 g

Fibre 0 g 0%

Sugars 0 mg

**Protein** 31.81 g

**Cholesterol** 67.4 mg

Sodium (39.1 mg) 2%

**Potassium** 256 mg 5%

Calcium 4.1 mg 0%

Vitamin A 29.1 µg 3%

Iron 0.42 mg 2%

| Product code | Dist. code | Case weight | Units per case | Unit weight | Shelf life         |
|--------------|------------|-------------|----------------|-------------|--------------------|
| 8168332      |            | 4,00 kg     | 1              | 4,00 kg     | 360 days at -18° C |



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The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative :

**HACCP**

**SQF**

**canadienne**

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St-Hyacinthe  
QC  
J2S 4B6

Brampton ON  
L6T 1G1

Red Deer  
AB  
T4P 2H8