




COOKED DICED CHICKEN 1/2" (NATURAL PROPORTION)

Your Trusted Food Partner 🍁



#8168341 COOKED DICED CHICKEN 1/2" (NATURAL PROPORTION)	OLYMEL BASIC	 POULTRY	Fully Cooked
			Individually Quick Frozen IQF

60% white meat, 40% dark meat	Fully cooked	Low in sodium
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INGREDIENTS

Chicken dices

ALLERGENS

Contains :
None

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS

Combi :
385 ° F (196 ° C) From 2 to 2.5 minutes

Convection :
385 ° F (196 ° C) From 3.5 to 4 minutes

Conventionnal Oven :
425 ° F (220 ° C) From 7 to 8 minutes

Smooth plate :
From 2.5 to 3 minutes
Temperature: medium / high

Frying pan :
From 2.5 to 3 minutes
Temperature: medidium high

Nutrition Facts

Per 100g

Amount Per Serving

Calories 148.7

% Daily Value*

Fat 3.13 g 4%

Saturated 0.96 g 5%

+ Trans 0.1 g

Carbohydrate 0 g

Fibre 0 g 0%

Sugars 0 mg

Protein 30.14 g

Cholesterol 79.8 mg

Sodium (50.4 mg) 2%

Potassium 252 mg 5%

Calcium 5.4 mg 0%

Vitamin A 17.4 µg 2%

Iron 0.94 mg 5%

Product code	Dist. code	Case weight	Units per case	Unit weight	Shelf life
8168341		4,00 kg	1	4,00 kg	365 days at -18 ° C



olymelfoodservice.com

The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative :

HACCP

SQF

FAIT PAR UNE COMPAGNIE canadienne

Olymel S.E.C
1-800-361-5800

St-Hyacinthe
QC
J2S 4B6

Brampton ON
L6T 1G1

Red Deer
AB
T4P 2H8