




## COOKED DICES CHICKEN 3/4" (NATURAL PROPORTION)

*Your Trusted Food Partner* 🍁



#8168347 <b>COOKED DICES CHICKEN 3/4"</b> <b>(NATURAL PROPORTION)</b>	<b>OLYMEL</b> <b>BASIC</b>	 <b>POULTRY</b>	<b>Fully Cooked</b>
			<b>Individually Quick Frozen IQF</b>

<b>60% white meat, 40% dark meat</b>	<b>Fully cooked</b>	<b>Ready to use</b>
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## INGREDIENTS

Chicken dices

## ALLERGENS

**Contains :**  
None

*Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)*

## COOKING INSTRUCTIONS

**Combi :**  
385 ° F (196 ° C) From 5 to 6 minutes

**Convection :**  
385 ° F (196 ° C) From 6 to 7 minutes

**Conventionnal Oven :**  
425 ° F (220 ° C) From 13 to 14 minutes

**Smooth plate :**  
From 6 to 7 minutes  
Temperature: medium / high

**Frying pan :**  
From 6 to 7 minutes  
Temperature: medium / high

## Nutrition Facts

Per 100g

Amount Per Serving

**Calories** 148.7

% Daily Value\*

**Fat** 3.13 g 4%

Saturated 0.96 g 5%

+ Trans 0.1 g

**Carbohydrate** 0 g

Fibre 0 g 0%

Sugars 0 mg

**Protein** 30.14 g

**Cholesterol** 79.8 mg

Sodium (50.4 mg) 2%

**Potassium** 252 mg 5%

Calcium 5.4 mg 0%

Vitamin A 17.4 µg 2%

Iron 0.94 mg 5%

Product code	Dist. code	Case weight	Units per case	Unit weight	Shelf life
8168347		4,00 kg	1	4,00 kg	365 days at -18 ° C



**olymelfoodservice.com**

The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.

Contact your local representative :

**HACCP**

**SQF**

**FAIT PAR UNE COMPAGNIE canadienne**

Olymel S.E.C  
1-800-361-5800

St-Hyacinthe  
QC  
J2S 4B6

Brampton ON  
L6T 1G1

Red Deer  
AB  
T4P 2H8