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X-PRESS CARVE BONELESS SMOKED HAM

Your Trusted Food Partner 🍁



#92664 X-PRESS CARVE BONELESS SMOKED HAM	OLYMEL GOURMET	 PORK	Fully Cooked
			Fresh, Vacuum packed

Easy to cut	Fully cooked, can be served hot or cold	High protein level
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INGREDIENTS

Pork, Water, Sugars (dextrose), Potassium lactate, Salt, Sodium phosphate, Sodium diacetate, Sodium erythorbate, Sodium nitrite, Smoke.



ALLERGENS

Contains :
None

Verified for : Nuts, peanuts, sesame seeds, wheat, eggs, milk, soybeans, crustaceans, shellfish, fish, mustard seeds, sulphite (>10 ppm) and gluten sources (barley oat, rye, triticale, wheat)

COOKING INSTRUCTIONS


Convection :
375° F (190°C) From 45 to 45 minutes

Conventionnal Oven :
From 90 to 90 minutes
Put the ham, in a cauldron and cover with cold water. Boil for 30 minutes. Reduce the heat to medium and cook for 60 minutes until a central temperature of 170° F (76°C) is reached.

Nutrition Facts

Per 100g	
Amount Per Serving	
Calories 160	
	% Daily Value*
Fat 7 g	9%
Saturated 3 g	15%
+ Trans 0 g	
Carbohydrate 4 g	
Fibre 0 g	0%
Sugars 4 mg	
Protein 19 g	
Cholesterol 55 mg	
Sodium (850 mg)	37%
Potassium 800 mg	17%
Iron 0.5 mg	3%

Product code	Dist. code	Case weight	Units per case	Unit weight	Shelf life
92664		5,15 kg	4	1,30 kg	84 days at 4 °C

 <p>olymelfoodservice.com</p> <p>The information shown on this document is for informational purpose only and may be subject to change without prior notice. Please refer to your representative for the most recent updates.</p>	Contact your local representative :	
	  	<p>Olymel S.E.C 1-800-361-5800</p> <p>St-Hyacinthe QC J2S 4B6</p> <p>Brampton ON L6T 1G1</p> <p>Red Deer AB T4P 2H8</p>